THE TIMED "UP & GO" TEST AND MANUAL BUTTON SCORE ARE USEFUL PREDICTORS OF FUNCTIONAL DECLINE IN BASIC AND INSTRUMENTAL ADL. Variations of the test include the addition of a manual or cognitive dual-task. The quantified timed up and go test (QTUG) uses body worn inertial sensors.

The Timed "Up & Go" Test (TUG), a frequently used mobility assessment tool, has (TUG-cognitive or TUG-manual, respectively) increases the utility of the test. The dual-task Timed Up and Go Test (TUG-DT) reflects the performance in daily values of ≥ 15 and ≥ 14.5 seconds for the cognitive and manual TUG-DT.

1. Equipment: arm chair, tape measure, tape, stop watch.

ABSTRACT

This study evaluated a modified, timed version of the "Get-Up and Go" Test (Mathias et al, 1986) in 60 patients referred to a Geriatric Day Hospital.

Performance-orientated outcome measures are lacking in pregnant women with pelvic girdle pain, •We examined convergent validity of the Timed Up & Go. Muscle strength are being assessed by manual muscle testing, handheld myometry Timed Up and Go test (TUG), Timed climb 4 steps, Timed descend 4 steps.

Objective

To investigate whether adding a dual task (cognitive or manual) to the TUG increases the test's utility to identify risk of falls in persons with PD. A time longer than or equal to a cutoff of 10.85 s on the Timed Up and Go test predicted Medida da força de preensão manual - validade e confiabilidade do. The study objective was to investigate whether adding a task (cognitive or manual) to the TUG (TUG-cognitive or TUG-manual, respectively) increases the utility.

BESTest - Balance Evaluation Systems Test
Results suggest that the quantification of movement during the TUG test using body-worn sensors could lead to a robust method for assessing future falls risk.

Rise times, walking speed, timed up and go (TUG) and standing balance that have paired sample t-tests were used to test for differences between manual. The motor dual-task involved carrying a glass of water (TUG-Manual) and the Correlation testing and linear regression analysis demonstrated that FOF was.

Timed Up and Go (TUG) test at six weeks. We tested a number of hypotheses to determine construct validity. Results: Only the LEM scores were significantly.

Age 49.0 years) showed slower gait and transfer speed, poorer fine manual dexterity, and lower gait and transfer speed on the Timed Up and Go test.

Cognitive and Manual Dual-Task Effects on Phases of the Timed Up and Go in (straight walking, turns and transitions) of the Timed Up and Go (TUG) test.

Functional and self-report outcome measures for balance included the Berg Balance Scale, Performance Oriented Mobility Assessment, Timed Up and Go Test.

Using the Timed Up and Go test (TUG) under 4 experimental conditions: TUG single task, TUG plus a cognitive task, TUG plus a manual task, and TUG plus.

Test is timed.

➢ TUG (cognitive): while counting backwards by 3's from # between 20-100 or alternating letters of alphabet (a-c-e-g).
Manual muscle strength of the lumbar and the lower-extremity will be measured. A TUG test will be conducted by recording the total time that a person takes to rise. It's based on a standard clinical test called the Timed Up and Go, which is used to measure mobility. Reference values for the Timed Up and Go Test: A Descriptive Meta-Analysis. Senior Fitness Test Manual. Human Kinetics. Timed Get Up and Go Test Measures mobility in people who are able to walk on their own. Timed Up and Go (TUG) Test Measures mobility. OARSI.org/sites/default/files/docs/2013/manual.pdf Criterion – Older people with hip OA with TUG _ 10 secs were 3 Test-retest - good in patients with advanced hip and knee OA. Healthy young and older adults performed the Timed Up-and-Go (TUG) with the Simple cognitive or manual tasks during TUG. Dual-task did not differentiate young decrements during specific phases of the dual-task Timed Up-and-Go test. Convergent validity of the timed up and go test and ten-metre timed walk test in pregnant women with pelvic girdle pain. Manual Therapy, 07/06/2015. Evensen. >>>CLICK HERE<<< Manual Therapy / Article in press / ScienceDirect.com. Convergent validity of the Timed Up and Go test and Ten-metre Timed Walk Test in pregnant women.